

Lunch Menu

Shrewsbury Elementary School

March
2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM


Monday


Tuesday

Wednesday

Thursday

Friday

4 Mozzarella Stick & Chicken Nugget Combo Meal
Or Ham & Cheese Sandwich 
Steamed Peas
Pineapple Cup

5 Beef Hot Dog on Bun Or Simply Boxed Pepperoni Pizza Pack 
Baked Beans
Sliced Peaches




6 Crispy Chicken Sandwich
Or Turkey & Cheese Sandwich
Sweet Potato Fries
Garden Salad
Fresh Apple

7 Homemade Pasta & Meatballs 
Whole Wheat Dinner Roll
Or Bagel Lunch 
Garden Salad
Blueberries


8 Hand Crafted Pepperoni Pizza  Or Simply Boxed Yogurt Sunrise 
Oven Baked Fries
Celery
Fresh Banana

11 Cheesy Stuffed Bread Sticks 
Tomato Sauce Dip
Or Simply Boxed Picnic Lunch 
Mixed Vegetables
Cinnamon Applesauce

12 Walking Taco 
Or Ham & Cheese Sandwich 
Rice
Salsa
Very Berry 100% Juice

13 Chicken Bowl with Gravy
Or Bagel Lunch 
Buttered Corn
Fresh Orange

14 Herb Roasted Chicken
Or Turkey & Cheese Sandwich
Sweet Potato Fries
Steamed Broccoli
Sliced Peaches

15 Cheeseburger Or Yogurt, Cereal, Cheese Stick & Roll 
Baked Beans
Mixed Fruit





18 Homemade Mac & Cheese  Or Classic Chef Salad 
Green Beans
Strawberry Cup


19 Chicken Nuggets Or Turkey & Cheese Sandwich
Oven Baked Fries
Cinnamon Applesauce





20 Hand Crafted Pepperoni Pizza  Or Yogurt, Cereal, Cheese Stick & Roll 
Caesar Salad
Fresh Banana



IT'S STUDENT APPRECIATION DAY

21 Nachos Grande  Or Simply Boxed Picnic Lunch 
Refried Beans
Sour Cream
Mixed Fruit

22 Whole Grain Pancakes with Sausage
Or Bagel Lunch 
Cucumber Coins
Fresh Orange
Blueberries

BRUNCH FOR LUNCH TODAY!

25 Grilled Cheese Sandwich  Or Ham & Cheese Sandwich 
Tomato Soup
Cucumber Coins
Diced Peaches

26 Homemade Baked Pasta with Cheese 
Homemade Garlic Bread
Or Simply Boxed Yogurt Power Pack 
Garden Salad

27 SCHOOL CLOSED TODAY

28 SCHOOL CLOSED TODAY

29 SCHOOL CLOSED TODAY

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*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

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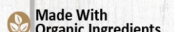
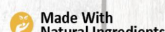


Looking for smiling faces.

Full and part time positions available for the 2023-2024 school year. Please call the food service office to inquire.

All entrees served with choice of assorted fresh fruits, 100% fruit juice and vegetables, as well as milk choice of low-fat or fat-free.

Please contact the food service office with any questions or suggestions.
717-235-4811 x4550



Lunch Menu

Southern Elementary School

March
2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES

WWW.WHITSONS.COM


Monday



Tuesday

Wednesday



Thursday



Friday

4 Mozzarella Stick & Chicken Nugget Combo Meal
Or Ham & Cheese Sandwich 
Steamed Peas
Pineapple Cup



5 Beef Hot Dog on Bun Or Simply Boxed Pepperoni Pizza Pack 
Baked Beans
Sliced Peaches



6 Crispy Chicken Sandwich
Or Turkey & Cheese Sandwich
Sweet Potato Fries
Garden Salad
Fresh Apple

7 Homemade Pasta & Meatballs 
Whole Wheat Dinner Roll
Or Bagel Lunch 
Garden Salad
Blueberries



8 Hand Crafted Pepperoni Pizza 
Or Simply Boxed Yogurt Sunrise 
Oven Baked Fries
Celery
Fresh Banana




11 Cheesy Stuffed Bread Sticks 
Tomato Sauce Dip
Or Simply Boxed Picnic Lunch 
Mixed Vegetables
Cinnamon Applesauce

12 Walking Taco 
Or Ham & Cheese Sandwich 
Rice
Salsa
Very Berry 100% Juice

13 Chicken Bowl with Gravy
Or Bagel Lunch 
Buttered Corn
Fresh Orange



14 Herb Roasted Chicken
Or Turkey & Cheese Sandwich
Sweet Potato Fries
Steamed Broccoli
Sliced Peaches


15 Cheeseburger Or Yogurt, Cereal, Cheese Stick & Roll 
Baked Beans
Mixed Fruit




18 Homemade Mac & Cheese 
Or Classic Chef Salad 
Green Beans
Strawberry Cup






19 Chicken Nuggets Or Turkey & Cheese Sandwich
Oven Baked Fries
Cinnamon Applesauce

20 Hand Crafted Pepperoni Pizza 
Or Yogurt, Cereal, Cheese Stick & Roll 
Caesar Salad
Fresh Banana
IT'S STUDENT APPRECIATION DAY

21 Nachos Grande 
Or Simply Boxed Picnic Lunch 
Refried Beans
Sour Cream
Mixed Fruit

22 Whole Grain Pancakes with Sausage
Or Bagel Lunch 
Cucumber Coins
Fresh Orange
Blueberries
BRUNCH FOR LUNCH TODAY!

25 Grilled Cheese Sandwich 
Or Ham & Cheese Sandwich 
Tomato Soup
Cucumber Coins
Diced Peaches

26 Homemade Baked Pasta with Cheese 
Homemade Garlic Bread
Or Simply Boxed Yogurt Power Pack 
Garden Salad 


27 **SCHOOL CLOSED TODAY**

28 **SCHOOL CLOSED TODAY**

29 **SCHOOL CLOSED TODAY**

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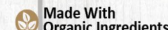
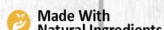


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Lunch Menu

Friendship Elementary School

March
2024

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WWW.WHITSONS.COM


Monday


Tuesday

Wednesday

Thursday

Friday


4 Mozzarella Stick & Chicken Nugget Combo Meal
Or Ham & Cheese Sandwich 
Steamed Peas
Pineapple Cup

5 Beef Hot Dog on Bun Or Simply Boxed Pepperoni Pizza Pack 
Baked Beans
Sliced Peaches






6 Crispy Chicken Sandwich
Or Turkey & Cheese Sandwich
Sweet Potato Fries
Garden Salad
Fresh Apple

7 Homemade Pasta & Meatballs 
Whole Wheat Dinner Roll
Or Bagel Lunch 
Garden Salad
Blueberries


8 Hand Crafted Pepperoni Pizza  Or Simply Boxed Yogurt Sunrise 
Oven Baked Fries
Celery
Fresh Banana

11 Cheesy Stuffed Bread Sticks 
Tomato Sauce Dip
Or Simply Boxed Picnic Lunch 
Mixed Vegetables
Cinnamon Applesauce

12 Walking Taco 
Or Ham & Cheese Sandwich 
Rice
Salsa
Very Berry 100% Juice

13 Chicken Bowl with Gravy
Or Bagel Lunch 
Buttered Corn
Fresh Orange

14 Herb Roasted Chicken
Or Turkey & Cheese Sandwich
Sweet Potato Fries
Steamed Broccoli
Sliced Peaches



15 Cheeseburger Or Yogurt, Cereal, Cheese Stick & Roll 
Baked Beans
Mixed Fruit





18 Homemade Mac & Cheese  Or Classic Chef Salad 
Green Beans
Strawberry Cup


19 Chicken Nuggets Or Turkey & Cheese Sandwich
Oven Baked Fries
Cinnamon Applesauce





20 Hand Crafted Pepperoni Pizza  Or Yogurt, Cereal, Cheese Stick & Roll 
Caesar Salad
Fresh Banana



IT'S STUDENT APPRECIATION DAY

21 Nachos Grande  Or Simply Boxed Picnic Lunch 
Refried Beans
Sour Cream
Mixed Fruit

22 Whole Grain Pancakes with Sausage
Or Bagel Lunch 
Cucumber Coins
Fresh Orange
Blueberries

BRUNCH FOR LUNCH TODAY!

25 Grilled Cheese Sandwich  Or Ham & Cheese Sandwich 
Tomato Soup
Cucumber Coins
Diced Peaches

26 Homemade Baked Pasta with Cheese 
Homemade Garlic Bread
Or Simply Boxed Yogurt Power Pack 
Garden Salad

27 SCHOOL CLOSED TODAY

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